



CHARLIE THE CHEF

MEETING WITH CHILDREN TO TRY NEW FOODS

Are you concerned about the amount and variety of foods your little one seems to be eating?

With assistance from Charlie the Chef our staff can help you by:-

- Talking through your concerns.
- Helping you keep a 5 day food diary.
- Assessing your child's food intake.
- Working with you and your child using Charlie to encourage your little

If you would like to be referred to be helped by CHARLIE THE CHEF, please fill in your details below and someone will contact you as soon as possible.

Name of child.....

Date of birth of childName of Adult

Address:Post code:

Please tell us a little about your concerns:

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Child enjoying preparing lunch with Charlie the Chef